



BREAKTHROUGH
CENTRAL TEXAS

2026

**HIGH SCHOOL
SUMMER INSTITUTES**

SUMMER AT A GLANCE

12-YEAR EXPERIENCE



950+

Breakthrough
High School Students
Served



200+

Summer Institute
Participants



3

High School
Summer Institutes



6

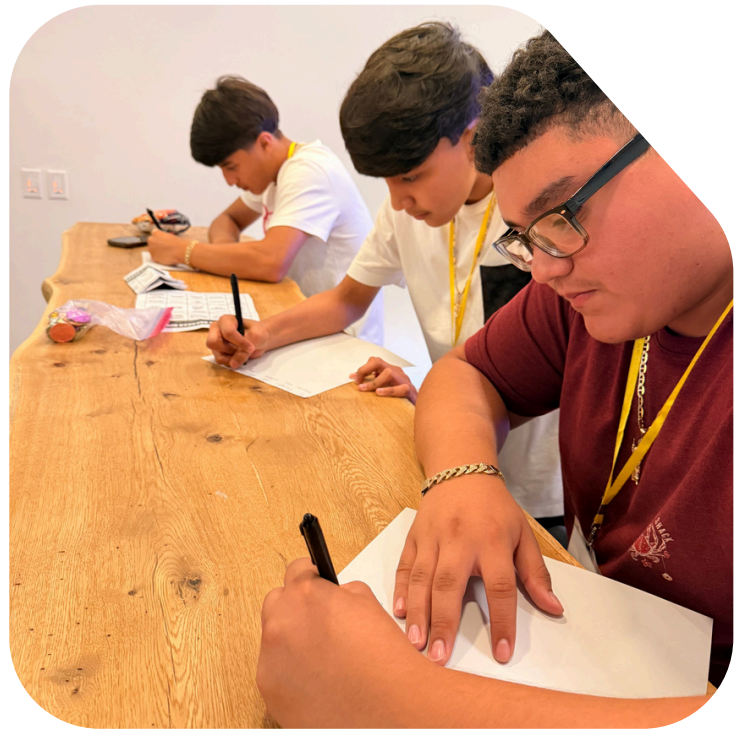
Field
Trips



10TH GRADE EMERGING LEADERS INSTITUTE

Over two weeks, Breakthrough students from Austin, Manor and Del Valle ISDs gathered at the University of Texas at Austin and Manor New Tech High School for the Emerging Leaders Summer Institutes.

Throughout the institutes, students strengthened their leadership skills, explored career opportunities, set actionable goals, and built meaningful community connections that prepared them for future success.



★ CURRICULUM

Through hands-on activities, workshops, and field trip experiences, students built skills, explored new interests, and prepared for what's next. Throughout the summer, students...

- Explored leadership styles and strengthened leadership skills
- Took a college tour to Texas State University
- Attended a College Options Kick-off
- Explored teamwork, healthy relationships, empathy, and self-reflection through a series of holistic interactive sessions
- Embarked on a career exploration field trip to Accenture
- Learned about environmental stewardship while building teamwork and leadership skills at the Expedition School
- Students shared their learning and growth through Presentations of Learning.



15+

HIGH SCHOOLS REPRESENTED
Bringing together students from across Central Texas



STUDENT IMPACT

75%

Felt comfortable with mental health resources and strategies

79%

Reported learning a new leadership skill

76%

Discovered new career options

STUDENT EXPERIENCES



CPR and First Aid Training

Students participated in getting CPR and First Aid Certified with our partner, Jenn Barnes, from the Boys and Girls Club of Austin. This allowed students to gain certifications to build their resumes and experience.



Accenture

Accenture volunteers supported students in developing professional skills in public speaking, setting goals and exploration of different career pathways.



The Expedition School

The Expedition School instructors helped students practice leadership skills through working as a team to build water crafts. Students also learned about the importance of protecting our local ecosystems as they kayaked or canoed through Lady Bird Lake.

96%

Felt Confident in College Knowledge



Texas State 1st Gen Panel

1st gen students from TXST engaged in a Q&A with Breakthrough students. In the session we discussed topics in the following areas:

- Advice for high school
- Organizational skills
- Exploring colleges and careers
- Student experiences



11TH GRADE FUTURE PATHWAYS INSTITUTE

The three-day institute engaged students from Austin, Manor and Del Valle ISDs and was hosted at LASA High School and Manor New Tech Middle School. The Institute had two main goals:

1. Deepen students' exploration of college and career pathways.
2. Build essential skills for success in high school and beyond.



CURRICULUM

Students participated in workshops focused on:

- Exploring career interests and postsecondary options
- Building networking skills
- Developing professional and technical skills
- Resume writing and essential life skills, including time management, self-advocacy, financial literacy, and interview preparation
- Exploring volunteer opportunities to gain experience and strengthen their resumes



BEYOND THE CLASSROOM

Students gained insight into college and career opportunities through career exploration visits to hosted by local partner organizations, like UFCU & ML&R.



CAREER FAIR

Students explored and engaged with the following professions:

- Environmental
- Education
- Media
- Healthcare
- Business
- STEM
- Urban Planning

12TH GRADE SENIOR INSTITUTE

The institute guided rising seniors from Austin, Manor and Del Valle ISD toward college success through application support, ACT test preparation, career exploration, and community connections.



COLLEGE & CAREER READINESS

Through workshops, hands-on activities, and support, students gained tools and confidence needed to pursue their goals after high school.



COLLEGE APPLICATION SUPPORT

Through the *College Docs Hub*, students worked on:

- Building college lists and essays
- Drafting resumes, brag sheets, and recommendation letters
- Navigating *Common App* and *ApplyTexas*



ACT TEST PREPARATION

Students received support to prepare for the ACT and strengthen their academic readiness for college.



COLLEGE & CAREER EXPLORATION

- Learned about college majors and career pathways
- Attended a College and Career Fair with 30+ representatives
- Had conversations with recent graduates
- Explored trades, licenses, vocations, and certificate programs (TVLC)



SENIOR DEVELOPMENT & COMMUNITY

- Visited the University of Houston
- Practiced mindfulness and wellness
- Learned about Breakthrough support after high school
- Hosted Annual Family Conferences to help students and their families prepare for senior year, align expectations, and understand what to expect in the year ahead.

SUMMER HIGHLIGHTS



80

Senior Institute participants



97

Students attended a University of Houston campus visit



37

Students participated in a College and Career Fair with 30+ representatives



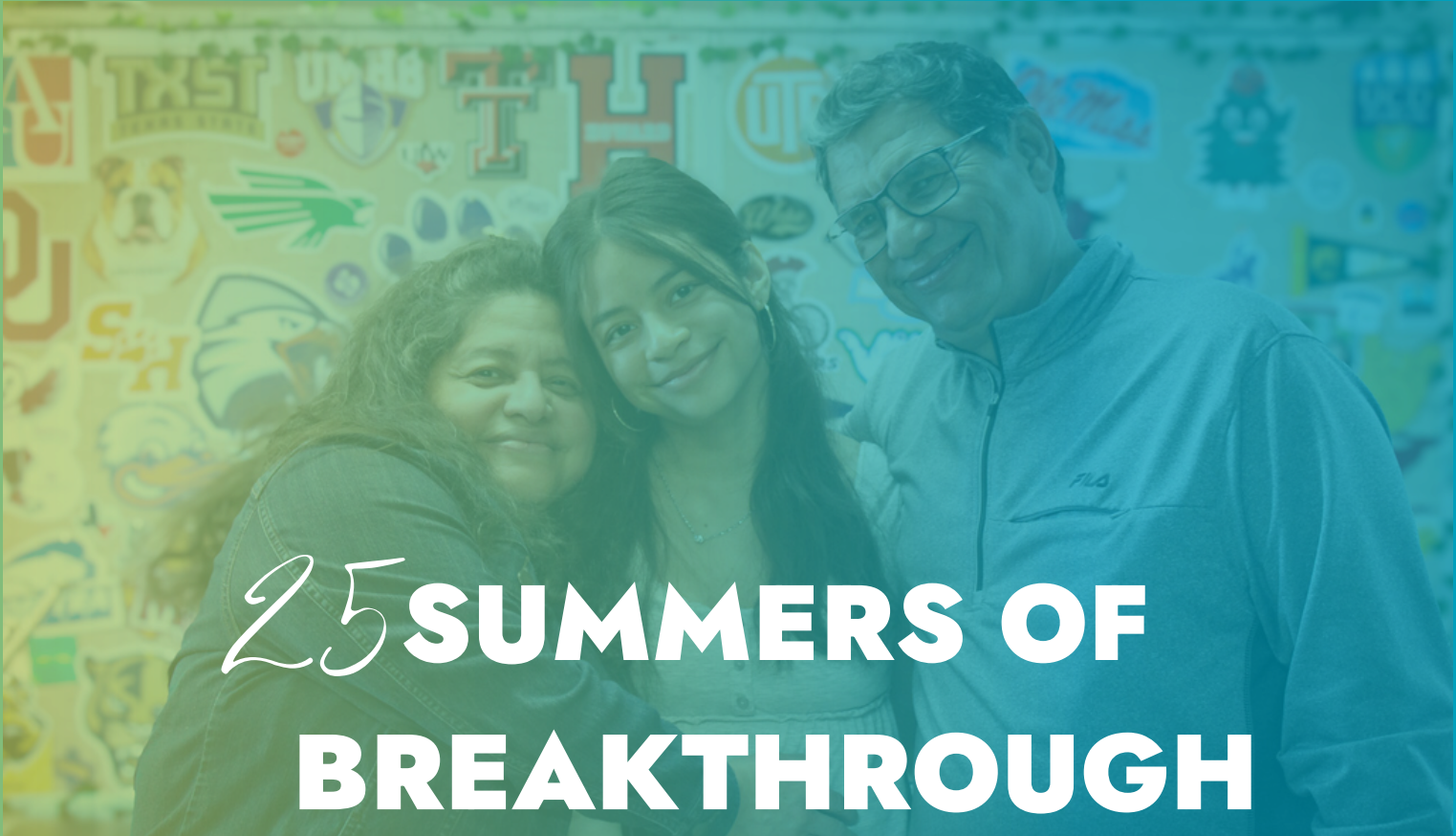
STUDENT VOICES

Words of Austin ISD Senior



This summer helped me feel more confident about what I want to do after high school.

- CHRISTINA



25 SUMMERS OF BREAKTHROUGH



BREAKTHROUGH CENTRAL TEXAS

3100 E 5th St., Suite 375, Austin, TX 78702